

Speaker/Coach/Consultant

Sharon

M. Weinstein

PROVOCATIVE • PASSIONATE • POWERFUL



Balancing work and personal life is a challenge, and stress management is the key. Stress affects relationships, work, health, and finances. Are you ready to manage fatigue and drive excellence through engagement?

High stress jobs in **Healthcare, Hospitality, and Human Capital** are especially vulnerable and yet receptive to interventions that **enhance safety, satisfaction, and success.**

Virtual / Hybrid



Now Virtual With Any Platform or Live At Your Conference Center



Overwork > Overwhelm > Overcome...your response to stress

Identify the stressors caused by working more and achieving less and the impact on time, money, relationships, and outcomes. In this interactive keynote or workshop, you will learn how to:

- Manage productivity, people, and resources
- Be all that you can be, and still have time for you
- Discuss the impact of TEMP®, and tools for success

Employee Engagement – 3 Steps

Can you deliver a great customer experience without great employee engagement? Of course not! Experience the 3 Step Model, and:

- Understand drivers of engagement
- Learn how culture and talent interact
- Discover the impact of work environment on engagement

Service Excellence with a WOW

The shift starts at the top and is critical to business success. Take the wheel, steer, and lead by example. The journey begins as we:

- Identify best practices
- Learn how to bring them in and bring them back
- Discuss your service recovery plan

Clients Include...



Life Balance...

it is what she does and who she is!



"In just one hour, Sharon built on the day and tied all the pieces of service excellence together. We received lots of positive feedback from our 1000+ leaders!"

Sandra E. Murray, PhD, CHI Texas Division

"Thanks again for the amazing 4 sessions you conducted for us. The content gave our associates practical solutions to help balance work and life in all aspects. We look forward to welcoming you back."

Holly Camlin, HR Technology, Cognizant

"Your eloquent insights into negotiating for success touched upon all aspects of life."

Steven Goebel, Senior Planned Giving Officer, Genesis Health Services

"What a great VIRTUAL program for MPI; it definitely hit home for me. What an amazing job; you make a meeting planners job easy and you made me look good."

Jherica Rhodes, Coordinator/Learning Programs Meeting Planners International

"Sharon's VIRTUAL program was literally the best one-hour long session we've ever had as a team. The tools she provided to reduce stress were practical solutions we could apply to our daily routine right now."

Kimberlee Driggs, President, D2C LLC

"I never wanted her session to end; she filled it with so much joy and enthusiasm."

Aliya Hulse, Founder, MWM Systems, LLC

Book Sharon Today!

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Polished, prepared, and positive, Sharon's background as a nurse, business owner, and speaker make her uniquely qualified to address diverse audiences.

With an unusual blend of **substance** and **style**, Sharon addresses the most challenging issues with **energy**, **storytelling**, and **humor**. She starts **conversations that count!** Imagine **WOWTcomes™** - the ability to change your value statement from ordinary to extraordinary! **WOWTcomes™** is more than a program or service; IT'S AN EXPERIENCE, and you don't want to miss it!

Author of multiple award-winning books, Sharon travels the world as a speaker, coach, and consultant.



A graduate of Northwestern University's Kellogg Executive Management Program, Sharon is Adjunct Professor at the University of Illinois Chicago; a member of the Purdue Global University School of Nursing Advisory Board; and a Fellow of the American Academy of Nursing.



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